



Wildflower X-Country Ski Lessons 2018

Sign-Up Form – Return with payment by Monday, November 27

Contact Parent Name: _____

Phone Number: _____

E-mail Address: _____

Child's Name Age Foot Measurement in Centimetres (for x-country ski rentals)

1. _____

2. _____

3. _____

4. _____

I am interested in carpooling Yes No

If yes, general area of pick up/drop off _____

I can drive Yes No How many seats available? _____

PLEASE NOTE ~ For any accompanying adults there is a rental fee of \$8 that is required for insurance purposes, regardless of whether or not you are skiing. (See Information Page)

January 19 pm, February 2 am & 16 am

\$10 per child/session, \$8 per adult/session

(required to sign up for all 3 dates.)

____ # of kids taking lessons @\$30 _____
(rental ski package price included)

____ # of Parent on property @\$24 _____

Total _____

Cheque payable to Wildflower PAC by Nov 27

Sorry, no refunds if your child is absent from a lesson.

Wildflower X-Country Ski Lessons 2018

Information

The Nelson Nordic Ski Club (NNSC) will be facilitating x-country ski lessons for Wildflower School this year.

Dates & Times:

January 19 12 - 2:15pm (afternoon session)

February 2 & 16 9 - 11:15 (morning session)

Cost: \$10.00 per child per lesson, including ski/boot/pole rentals

\$8.00 per Parent per day

Location: Apex X-Country Ski Area, located on Hwy 6 at the turn-off to Whitewater Ski Resort

Transportation: on own or by carpool

From the NNSC --

This program offers elementary school children an affordable opportunity to learn basic fundamental x-country classic skiing techniques within a fun, game oriented field trip format.

****Parents are required to pay the \$8/day fee whether they will be skiing or not for insurance purposes. If you are dropping off and picking-up your child in the parking lot there is no need to pay. But if you are accompanying them to the warming hut to help with gear then you are required to pay.**

Lessons will include:

Orientation in warming hut

Fitting for ski equipment

3 sessions, on snow instruction and games

Hot drink and snacks in warming hut afterwards (provided by PAC/Parents)

PAC will provide hot chocolate for the participants at the end of each lesson, and parents can volunteer to provide a plate of baked goods or fruit for snack (sign up list will be emailed out).

If you have any questions about this program, please contact Meghan Paterson at mjpaterson@shaw.ca or 250-777-1972.